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HONORING THE PAST & TRANSFORMING THE PRESENT

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"IKC certificates are used in over sixty countries"

Honouring the Past & Transforming the Future

International Kinesiology
Conference IRELAND
2009

IKC CONFERENCE

SEPTEMBER 3RD - 6TH, 2009

The ever-evolving City of Cork is the vibrant place with a unique blend of contemporary style and old world charm! **A fun-filled, professionally enriching conference** including a traditional Irish banquet & **Céile** ~traditional Irish dance!

Speakers include:

Dr. Scott Cuthbert of the ICAK, Mathew Thie, Dr. Wayne Topping, Evelyn Mulders, Alberto Arribalcaga Celaya, Jeroen van Hasselt, Sandy Gannon, Kerry Sedgman, Irene Oram, Rosaleen Durkin & Peter Blackbyrne, Matilda van Dyke & Nic Oliver, Dme. Diana Mossop, Tony Lilley, Annie Mitchel and Anna McRoberts, Amy Choi, Earl Cook, Ann Callaghan, Marco Rado, Igor Bondarenko, Sylvia Marina, Zsuzsanna Koves

FROM THE DESK OF TONI LILLEY, IKC CHANCELLOR

Considering the IKC serves an international market, the administration centre is a compact and organised office. Registrar Debby Mahony ensures certificate orders are processed and posted promptly, and the tax man is satisfied on time. In May, for reasons we may never know, our website crashed and we are still suffering from the fall out. We are currently negotiating to have the site maintained by someone who can do so on a regular basis, and make sure it is up to date and newsworthy.

IKC certificates with the well-known IKC logo are used in over sixty countries and are accepted by many practitioner registration programs. We are currently investigating the possibility of having electronic

www.ikc-conference.org

Workshops

Pre-conference

"Healing Innately": Irene Oram
www.innatehealingessences.com.au

"Great Women and Beautiful Men": Zsuzsanna Köves

"Primitive and Postural reflexes": Brendan O'Hara
www.movementandlearning.com.au

"Reconstructing the Body/Soul system": Alberto Arribalzaga

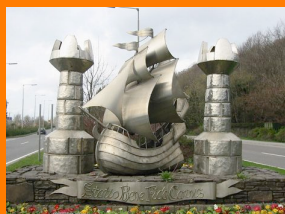
Post Conference

"eTouch For Health": Earl Cook
www.etchoughforhealth.com

"TFH Metaphors & Training": Matthew Thie
www.touch4health.com

certificates available to registered Touch for Health Instructors to use in their classes. Instructor registration certificates and proficiency certificates will continue to be issued by the IKC office.

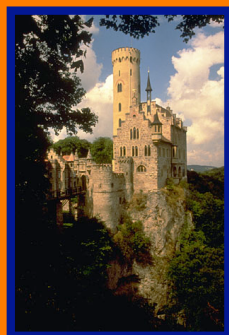
Though Touch for Health will always be available as a community program, it is now the basis for many professional training programmes, including the **Diploma of Kinesiology** recognised by the Australian government. Furthering its desire to establish high quality training and raising awareness for professional kinesiologists, the IKC became a Registered Training Organisation (RTO) and will accept enrolments
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CORK, IRELAND

THE IKC JOHN THIE AWARD
IS MEANT TO RECOGNIZE
CONTRIBUTIONS TO THE
MISSION OF SHARING TFH
AND ENERGY KINESIOLOGY
WORLDWIDE

*"Training can be
done by distance
study, making it
more accessible"*



IKC Recognition of Existing Pro Kinesiologists

Dear readers, colleagues and friends,
For 15 years we have worked to create a strong International Professional Kinesiology School following the same model as in the TFH school, the **educative model**.

Today, the Professional School of the IKC is coming alive!

We aim at 3 levels:

- Support future kinesiologists during their training (Recognition of Professional Trainings)
- Offer international recognition to the kinesiologists already working professionally
- Support the professional kinesiologists once they are actively working (through the recognition of

Professional Associations).

Today, we aim at presenting a wonderful opportunity to the **already working kinesiologists**. Until December 31st 2012 there is a transition period during which already practicing kinesiologists who finished their training before December 31st 2009, may apply to be internationally recognized Professional Kinesiologist.

Why become an **IKC recognized Professional Kinesiologist**?

- International recognition
- Be part of a strong network with Common standards,
- Participate in gaining recognition of your profession in the world, and in your country
- Stay in Touch with kinesiologists sharing the same professional philosophy/model as you do...

Continued on page 3

FROM THE DESK OF TONI

LILLEY, CONT. FROM PAGE 1

from kinesiologists who have Touch for Health based training, and who wish to gain a formal qualification to complement their kinesiology experience. Much of the training can be done by distance study, making it more accessible for students in overseas countries.

The IKC has established a committee for the purpose of setting up appropriately qualified assessors and trainers so that enrolled student's needs are served in their own country. Units of competency are currently available in English and in the future, these will be translated as required.

The IKC has an exciting future ahead for its members, instructors and students around the world.

~Toni Lilley, IKC Chancellor

IKC John Thie Award

The IKC John Thie Award will be inaugurated this year in Cork Ireland

(The first one will recognize an outstanding contribution to Research in our field). If you know of a TFH'er, Professional Kinesiologist, Instructor, or friend to our field of work, please submit your nomination for the 2010 John Thie Award.

*The Award is meant to recognize contributions to fulfilling the vision of John Thie of making **Kinesiology known and accessible to all people throughout the world.***

Email Matthew Thie:
thie@touch4health.com

INTERNATIONAL RECOGNITION FOR KINESIOLOGISTS

CONTINUED FROM PAGE 2

What steps can you take?

1. Download application number 1 from our website (<http://www.ikc-info.org/> Professional School – Professional Kinesiologists)
2. Gather records for your dossier
3. You pay the fee and do the assessment (i.e. give one session)
4. And you receive your Professional Kinesiologist certificate.
Congratulations!

IKC Professional School:

- Assess and Recognize

IKC RESEARCH & PUBLIC RELATIONS REPORT:

• *Kinesiology Around the World*

An informal industry survey, initiated February 2009, still in initial stages. Preliminary report delivered at Washington, DC combined conference, (Touch for Health, Energy Kinesiology, and International Specialized Kinesiology). Also to be presented at IKC Conference in Cork, Ireland. (See you there!)

Highlights include:

• **Today, Touch for Health & the field of Energy Kinesiology is established and growing throughout the world.**

- More TFH / Energy Kinesiology associations, more active members
- Associations becoming aware of each other and working towards harmony and synergy in common goals of **increasing public awareness, accessibility, and creative innovation.**

- Increasing availability of TFH/

Professional Kinesiologists:
England in 2005, Germany 2006,
Belgium 2007, Italy 2008)

• **Professional Assessment in Cork, Ireland in Sept. 2009**

- Recognize Professional Associations around the world.
- Professional Trainings pending recognition in 2009.

More information to come in our next newsletter. Our website contains quite a bit of information you may wish to read. If you need more help, please feel free to contact the head office.

~**Dominique Monette**, Dean,
IKC Professional School

Energy Kinesiology workshops for the public and expanding opportunities for Professional Kinesiology training, integration into government recognized educational programs.

- At least 12 health insurance providers in Australia cover "Energy Kinesiology".
- Kinesiologist becoming established as profession throughout Europe, North America, Latin America, Japan, and Australia. TFH book published in Mainland China, first instructors there.
- Energy Kinesiology increasingly integrated into the practice of Medicine, Chiropractic, Psychology, Massage, TCM/Acupuncture, Physical Therapy, Sports Training, etc.
- Strong emphasis worldwide to develop Profession of Kinesiology, as opposed to the grassroots sharing of programs for lay people, like Touch for Health.

IKC
Professional
Kinesiologist
Assessment,
Cork, Ireland,
Sept. 2009



Touch for Health
& Energy
Kinesiology is
established and
growing
throughout the
world...

ETOUCH WORKSHOPS
HAVE BEEN
APPROVED BY THE
TFH SCHOOL OF THE
IKC.

THIS TRAINING
INCLUDES
RECORDING
SESSIONS AND
SUBMITTING DATA
FOR RESEARCH



IKC ENEWSLETTER
EDITED BY
MATTHEW THIE

RESEARCH & PUBLIC RELATIONS, CONT. FROM PAGE 5

• **We still need to expand lay training**, as well as sharing TFH/ Kinesiology with health care professionals, and building the profession of Energy Kinesiology.

• **Research-** The IKC is building up our Research Fund. we need to develop in the following areas:

- **Identify type of research** and study that is most appropriate to our holistic, educational model
- **Guidelines** for suggested designs for trials, case studies, anecdotal reports and **references** to relevant publications and literature.
- Centralized gathering and publication of **references to existing and related research**

*(Increasing demand from students/researchers for help finding **primary references/ materials to justify thesis projects and other studies**)*

Currently Earl Cook, Chair of the TFHKA Research committee, and IKC research committee member is hosting a **reference list:** www.etoouchforhealth.com/research

• Logistical, moral and or financial support assisting appropriate research projects in **obtaining grants/funding** from larger research institutions.

• **Eventual direct funding** by the IKC of appropriate research projects.

My industry survey of Kinesiology Around the World, and above research objectives are ongoing, so **please, give me your news, numbers, references and links!**

[eTouch Workshops Approved!](#)

• eTouch workshops levels 1-3 have been endorsed by the TFH School of the IKC, and the data-gathering and submitting process is the culmination of this training in the use of the TFH software program! As this program is adopted, we will accelerate our effort to fulfill John Thie's Dream and Vision of dedicating part of our effort and money towards RESEARCH into TFH and Energy Kinesiology.

In Touch,
Matthew Thie

MADAM ZHENG, CONTINUED FROM BACK PAGE

...procedures had helped me improve my posture, let my meridian energy flow and adjust back to a more balanced state, and boost my health.

After sixty years of age, my body took a sharp turn downhill, with various diseases surfaced all at once. After curing me of my less fatal inflammations, the doctor let me go home and told me to just ...wait... !

Life back home was torturing as I had to tolerate endless pains daily. Then my daughter sponsored

Conrad Ho to teach TFH in Shenzhen.

It was a total surprise for me. I never anticipated Touch for Health to be that powerful. After the balance, the pains were gone... The most important relief for me was my constipation which had bothered me for about one whole year....

After that one balance, I never needed to take any medicine again and my constipation was gone... My changes have also brought a great relief to my family

TFH IN-DEPTH & TOUCH FOR LEARNING CONT. FROM BACK

TFH In-Depth: Meridian Energy

(level1) - 32 hours, TFH4 required.

- Muscle Anatomy, Physiology and Neurology related to TFH muscle testing.
- 5 Elements on the muscle
- In-depth TCM concepts (Yin-Yang, Shu points, Luo Points, Source Points...)
- Meridian Wheel In-depth: Points/ balances for "triangles" and "squares" etc.
- Postural evaluation and MUCH MORE.

TFH In-Depth: Meridian Postures

32 hours, Meridian Energy required.

- 42 muscles In-depth: 100 variations
- 5 Elements in muscle physiology
- 12 meridian postures
- Balancing according to structural, energetic, emotional and organ imbalances, AND MORE.

Touch for Learning:

- Improving Energy, Posture and ability to perform at school, work, with sports and relationships.

Philosophy: Ability to learn depends on training of the nervous system, quantity of physically available energy expressed through the physical body,

and the influence of our values.

Acknowledgements:

- Dr. Goodheart, Dr. Thie, Dr. Paul Dennison, and spiritual teachers
- Educational Kinesiology Workbook, Crockford ('86 -TFH Foundation)
- Enhanced Learning, changes E. & H. Barhydt ('90, TFH Foundation)
- 18 years study/research into *learning* in private practice as a kinesiologist.

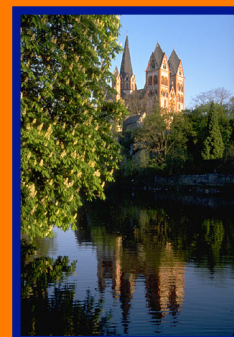
Program:

TFL 1 basics (20 hrs,) no prereq.
 TFL 2 (20 hrs) and TFL3 (16 hours),
TFH 1-3 recommended
 TFL Training (40 class hours)
TFL 3 required
 TFL Proficiency (16 class hours)
written, oral and practical
assessment

~ **Maurizio Piva**

For more information contact your
 IKC Faculty or: tfhdean@ikc-info.org
www.iksen.it,

Istituto di Kinesiologia e Naturopatia
 email: info@iksen.it



TFH IN-DEPTH
INCLUDES:

1. MERIDIAN
 ENERGY

2. MERIDIAN
 POSTURES

TOUCH FOR
 LEARNING
INCLUDES:

TFL 1-3 (40
 HRS)

TFL TRAINING
 (40 HRS)

& TFL TRAINING
 (16 HRS)

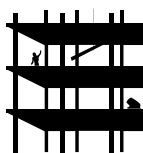
REPORT FROM THE PRESIDENT, CONT. FROM BACK PAGE

If you are attending any of the
 Conferences or workshops, make
 sure you say hello to your Country's
 Faculty member!

Or just come and make yourself
 known to any of us on the Board.
 We look forward to meeting you in
 person.

... and in the mean time, may we all
 Touch and Heal more and more!
 Yours in love and light

Sandy Gannon, IKC President



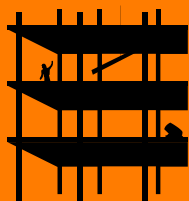
Charity status
 affords many tax
 advantages and
 will also allow a
 subtle shift in
 ethos.

International
Kinesiology
College Ltd
P.O. Box 4800
SCMC
4560 Australia

email:
registrar@ikc-
info.org

*KINESIOLOGY
AROUND THE
WORLD!*

WE'RE ON THE WEB!
WWW.IKC-INFO.ORG



WE ARE IMPROVING
OUR WEBSITE,
WATCH FOR
UPDATES.

FROM IKC PRESIDENT, SANDY GANNON

**Dear Fellow Touch for Health
and Kinesiologist!**

Welcome to the IKC eNewsletter
Summer 2009.

Last year saw the end of a 5 year
term of office for many of our
Executive Officers:

Maurizio Piva, IKC President
Alfred Schatz, Dean,
Professional School
Ortwin Neiderhuber, Publicity
Toni Lilley, Dean
Touch for Health School

Gail McKerrow, Dean
Personal Development School
Toni Lilley, Chancellor

Our thanks to each and every one of
them for an amazing job in every
way.

We have in post a new, "young"
team to serve you until the end of
2014!

Sandy Gannon, IKC President
Dominique Monette, Dean,
Professional School
Matthew Thie, Research & Publicity
Ger Casey, Dean, Touch for Health

and Personal Development Schools
Toni Lilley, Chancellor

Our vision remains :

- Promote and grow Touch for Health and Kinesiology in the International Community
- Support all of you in doing the same.
- Maintain and improve standards of practice and teaching
- Continue the ethos passed to us by John Thie and ensure that an IKC certificate is something for our students to be proud of!

In the interests of increasing awareness, the international IKC conferences will continue, on an annual basis, offering the opportunity to hear internationally acclaimed speakers and teachers, take part in workshops, exchange ideas with like-minded people - and just have some fun with old and new friends!

This year's conference takes place in
Cork, Ireland, 3rd-6th September.
There are still some places left and
we'd love to see you!

Details available from

www.ikc-conference.org
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MAURIZIO PIVA SHARES ADDITIONAL TFH COURSES

Maurizio Piva, in addition to serving for many years as IKC President, has developed several TFH In-Depth courses, as well as his Touch for Learning program which are part of the TFH School of the IKC. We briefly introduce 2 in-depth courses,

Meridian Postures and Meridian Energy, as well as Touch for Learning (TFL) levels 1-3, TFL Training and TFL Proficiency. All together these courses represent an additional 176 hours of training in the TFH School of the IKC.

Continued on page 5

**COMING TO REALIZE THE BENEFITS OF TOUCH FOR HEALTH
MADAM ZHENG, SHENZHEN**

http://www.brainbodycentre.com/index_topic.php?charset=eng&did=117463&didpath=/7610/7467/117463

This story comes to us from IKC Faculty Member from Hong Kong, Amy Choi, Click the link above for the complete story at Brain/Body News.

"I felt deeply how the energy equilibrium of my whole system was facilitated through Touch for Health balances; the balancing... **Continued on page 4**